

# LBJC



## LONG BEACH JUNIOR CREW WINTER BREAK CAMP 2023

WINTER CAMP Session1: DECEMBER 26 – DECEMBER 29, Tuesday – Friday  
Session 2: JANUARY 2 – JANUARY 5, Tuesday – Friday

Rower's Name:		
Rower's Age (must be 11-18 yrs. of age):		
Birth Date:		
Parents(s) OR Guardian(s) Name:		
Street Address:		
City:	Zip:	
Home Phone:	Cell 1:	
Work Phone:	Cell 2:	
Rower's Phone:	Grade in Sept 2023:	
Parent's Email Address:	School:	
Rower's Email Address:		
<b>WINTER CAMP SCHEDULE</b> (Circle Session requested)		
DATES	DAY	TIME
Session 1: December 26th to 29th	Monday to Friday	9 am – 1 pm
Session 2: January 2nd to January 5th	Monday to Friday	9 am – 1 pm

Location: PETE ARCHER ROWING CENTER 5750 Boathouse Lane, Long Beach, 90803

**REGISTRATION FEE: \$350 per session or \$600 for both session**

Mail registration and waiver form with your payment to: LBJC, 5318 East Second Street PMB 366, Long Beach, CA 90803 or drop at LBJC mailbox at the Boathouse on Monday to Friday at 3:30pm to 6:30pm

A check for the full amount for the session MUST accompany registration paper in order to hold a spot for the camper. There will be no pro-rating. Camp is available on a first come first serve. Refunds will be available to individuals who cancel before December 15, 2023. No refunds after December 15, 2023.

By entering the LBJC Winter Rowing Camp you agree to follow the City of Long Beach's Protocol for Youth Recreational Sports. Please visit this link for an overview of most recent protocols: <https://longbeach.gov/globalassets/health/media-library/documents/diseases-and-condition/information-on/novel-coronavirus/guidance-for-youth-recreational-sports>

# Long Beach Junior Crew Authorization to Treat a Minor

(Please print):

Date: \_\_\_\_\_

Participant / Rower's name: \_\_\_\_\_

Telephone: \_\_\_\_\_ (home); \_\_\_\_\_ (work/cell)

### Emergency Medical Information

Rower's birth date: \_\_\_\_\_

Physician / HMO: \_\_\_\_\_ Physician Telephone: \_\_\_\_\_

Physician / HMO Address: \_\_\_\_\_

Medical History: Allergies: \_\_\_\_\_

Medications: \_\_\_\_\_

Known Medical Conditions/Comments: \_\_\_\_\_

### Insurance Information:

Insurance Carrier: \_\_\_\_\_ Policy / Group #: \_\_\_\_\_

Insured's Name: \_\_\_\_\_

Employer: \_\_\_\_\_ Telephone: \_\_\_\_\_

### Emergency Contact Information:

1) Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Relationship: \_\_\_\_\_

2) Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Relationship: \_\_\_\_\_

I am fully aware of and appreciate the risks & other damages and losses associated with participation in this rowing program.

I agree that (a) The Long Beach Junior Crew: (b) associated coaches, volunteers & parents, as a group or as individuals, assume no liability or financial obligation for any loss, accident or illness incurred by the above named participant in the course of his/her association with the program. The above-named participant/rower is in good physical condition with no limitations: there are no known diseases or physical conditions that could result in the participant being harmed by this program. While I understand that hospital / physician / coaches will try to contact me, as the parent/guardian of the above named participant/rower, I authorize in my absence the emergency evaluation and treatment deemed necessary by the attending physician in the case of an accident or illness. The Participant is a competent swimmer and can tread water for ten minutes.

**LBJC Medical & Liability Release:** I (we) the undersigned parent(s) or legal guardian(s) of \_\_\_\_\_ (rower's name), a minor, do hereby authorize and consent to any x-ray, anesthetic, medical or surgical diagnosis rendered under the general or special supervision of any member of the medical staff and emergency room staff licensed under the provisions of the Medical Practice Act or a Dentist licensed under the provisions of the Dental Practice Act and of the staff of any acute general hospital holding a current license to operate a hospital from the State of California Department of Public Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power to render care which the aforementioned physician in the exercise of his/her best judgment may deem advisable. It is understood that the effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached. This authorization is given pursuant to the provisions of section 25.8 of the Civil Code of California. I understand that I am responsible for the costs of all medical treatment.

\_\_\_\_\_  
*Signature of parent or legal guardian*

\_\_\_\_\_  
*Date*

**Release of all Claims and Liability:** In consideration of the acceptance of my application for entry in the recreational activity described in the application form, I hereby waive, release & discharge any & all claims for damages, for death, for personal injury or property damage which I may have or which may hereinafter inure to me, my heirs, or my beneficiaries, as a result of my participation in said recreational activity. This release is intended to discharge, in advance, promoters, sponsors, officials, & any & all involved municipalities &/or municipality employees or other public entities and their employees (& their respective agents & employees), from & against any & all liability arising out of or connected in any way with my participation in said recreational activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. I further understand that serious accidents occasionally occur during the recreational activity in which I am going to participate; & that participants in this recreational activity occasionally sustain mortal or serious personal injury; &/or property damage, as a consequence thereof. Knowing the risks of the recreational activity that I am enrolling in, nevertheless, I hereby agree to assume those risks & to release & hold harmless all of the persons or entities mentioned above who (through negligence or carelessness), might otherwise be liable to me (or my heirs, beneficiaries or assigns) for damages. It is further understood & agreed that this waiver, release & assumption of risk, is to be binding on my heirs, beneficiaries & assigns. I agree to accept & abide by the rules & regulations that control & are in effect for participation in the recreational activity in which I am enrolling. Further, the property on which this recreational activity is to be conducted may not be in a safe condition. It is understood & agreed that by engaging & participating in the recreational activity, I am hereby waiving any & all right to claim any damages or injuries which may occur to me as a result of unsafe condition of the property. I further understand & acknowledge that I am fully, & willingly giving up any claim against or right to sue, the Long Beach Junior Crew, or its employees, agents or assignees for any injury that I may suffer, its' employees, agents or representatives or by the dangerous conditions of any property on which the recreational activity is being conducted. I am fully aware that participating in the recreational activity in which I am enrolling is a dangerous activity and I voluntarily participate in said activity with the knowledge of the danger involved & hereby agree to accept any and all risk or injury. I have fully read this form & fully understand the contents thereof, & hereby freely & willingly apply my signature below as my agreement to this release of liability.

\_\_\_\_\_  
Participant/Rower Signature, Print Name & Date

\_\_\_\_\_  
Parent/Legal Guardian Signature, Print Name & Date



## USRowing Release of Liability

ACCEPTANCE OF THIS WAIVER IS REQUIRED FOR ACCEPTANCE OF MEMBERSHIP IN CONSIDERATION of being given the opportunity to participate in any USRowing activity, including scheduled, supervised club activities, and registered regattas, during the policy term 12/31/2022 - 12/31/2023, I, for myself, my personal representatives, assigns, heirs, and next of kin.

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and landbased, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasee named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of USRowing and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law.

5. AGREE to be familiar with, comply with, and be bound by the Rules and Regulations of USRowing, including but not limited to the USRowing Rules of Rowing (www.usrowing.org), the World Anti-Doping Code (www.usada.org), and the codes, rules, policies and procedures of the U.S. Center for SafeSport (the "SafeSport Rules," www.SafeSport.org), including with respect to the exclusive authority and jurisdiction of the U.S. Center for SafeSport to investigate and resolve reported sexual misconduct and the discretionary authority to investigate and resolve reports of other misconduct. I further agree that arbitration pursuant to the binding arbitration provisions of the SafeSport Rules shall be the exclusive method to resolve any dispute over any disciplinary action taken by USRowing as a result of a USCSS investigation (the "Arbitration Procedure"). I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

6. IN CONSIDERATION of being permitted to compete, officiate, observe, work, or participate in any way in the EVENT(S), I for myself, my personal representatives, heirs, and next of kin:

- 1. Affirm that I have not been diagnosed with, demonstrated any symptoms of or have in any way been exposed to any communicable diseases (including but not limited to the virus commonly referred to as COVID-19) within the last 14 days, or that I have complied with all local, state and federal guidelines and regulations as related to

- communicable diseases;
- 2. Acknowledge that I am aware that by entering the premises and participating in rowing-related and sponsored activities that there are risks to me and to those with whom I interact of exposure, directly or indirectly, to communicable disease(s) including but not limited to the virus "severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)", "COVID-19" and/or any mutation or variation thereof;
- 3. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, all for the purposes herein referred to as "Releasees", from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any and all loss or damage, and any claim or demands therefor, whether caused by the negligence of the Releasees or otherwise;
- 4. HEREBY agree to INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage, or cost they may incur arising out of or related to my illness or death, whether caused by the negligence of the Releasees or otherwise

I HAVE READ THIS COMMUNICABLE DISEASE RELATED HOLD HARMLESS, RELEASE, WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT, UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

Printed Name of Participant: \_\_\_\_\_

USRowing # \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_

Participant's Signature: \_\_\_\_\_

Organization: \_\_\_\_\_

### PARENTAL CONSENT (If participant is under the age of 18)

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Printed Name of Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature (only if participant is under the age of 18): \_\_\_\_\_

This is THE USRowing Release of Liability, which should be copied for your use.



## Photographic Model Release

Long Beach Junior Crew a California non-profit public benefit corporation located in Long Beach, CA is hereinafter referred to as LBJC.

Photographic images taken of LBJC rowers participating in any LBJC related activities are hereinafter referred to as the Images.

Any individual affiliated with LBJC or the rowers taking images are hereinafter referred to as the photographer.

I hereby give LBJC and the photographer and their assigns my permission to license the Images and to use the images in any media for any purpose (except pornographic, defamatory, libelous or otherwise unlawful) which may include, among others, sale, advertising, promotion, marketing and packaging for any product or service. I agree that the images may be combined with other images, text and graphics, and cropped, altered or modified.

I agree that I have no rights to the images and all rights to the images belong to LBJC and the photographer and assigns. I acknowledge and agree that I have no further right to additional consideration or accounting, and that I will make no further claim for any reason to LBJC, photographer and/or assigns. I acknowledge and agree that this release is binding upon my heirs and assigns. I agree that this release is irrevocable, worldwide and perpetual and will be governed by the laws of California.

I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the photograph.

I have read this release and before signing below, and I fully understand the contents, meaning and impact of this release. I understand that I am free to address any specific questions regarding this release by submitting those questions in writing prior to signing, and I agree that my failure to do so will be interpreted as a free and knowledgeable acceptance of the terms of this release.

I am 18 years of age or older and I am competent to contract in my own name.

LBJC rower name: \_\_\_\_\_

LBJC rower signature: \_\_\_\_\_

I am the parent of legal guardian of the LBJC rower named above who is a minor and I sign on their behalf agreeing to the terms of this release.

Name of parent or legal guardian: \_\_\_\_\_

Signature of parent or legal guardian: \_\_\_\_\_

# Universal Release of Liability Waiver for Regattas

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IN CONSIDERATION of being given the opportunity to participate in any rowing activity, including, but not limited to, scheduled, supervised club activities, and affiliated regattas, until the end of this calendar year, I, for myself, my personal representatives, assigns, heirs, and next of kin:

- I. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based ("Rowing Activities"), and that I am qualified, in good health, and in proper physical condition to participate in such Rowing Activities.
- II. FULLY UNDERSTAND that:
  - a. ROWING ACTIVITIES INVOLVES RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks");
  - b. These Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Rowing Activity, the condition in which the Rowing Activity takes place, or the negligence of Long Beach Junior Crew (LBJC) and those listed below;
  - c. There may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Rowing Activity.
- III. AGREE AND WARRANT THAT:
  - a. I will examine and inspect each Rowing Activity in which I take part and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Rowing Activity and will refuse to take part in the Rowing activity until the condition has been corrected to my satisfaction;
  - b. I, and I alone, am responsible for my personal health and safety and the personal property that I bring with me. I am solely responsible for my medical expenses and decisions with respect to my care. I give my consent in the event of injury to any emergency medical aid, anesthesia or operation deemed necessary by the attending physician.
- IV. HEREBY GRANT my specific permission to LBJC, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, agents, and assigns to make and/ or obtain photographic images of me on the day of the Regatta and to publish, copyright, distribute and/or display photographic images taken of me on the day of the Regatta. I further waive the right to inspect and/or examine all photographs and/or written text to which the images may be applied before use. I also waive any and all rights and claims, including future rights and claims to such photographic images and any interest therein. I hereby release and discharge LBJC, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, patrons, agents, licensees, affiliates and assigns from any and all liability by virtue of distortion, blurring, alteration, optical illusion, digital scanning and manipulation, and/or use in composite form, whether the same is intentional, or otherwise. I understand that LBJC, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, agents, and assigns may use any process or procedure resulting in the completion of the finished product for publication, display, copyright or distribution.
- V. HEREBY GRANT my specific permission to LBJC, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, agents, licensees, affiliates and assigns a fully paid-up, non-exclusive, worldwide right and license to use, display or otherwise exploit my name, nickname, voice, photograph, statements, biographical information, and likeness, as well as images of me in motion picture, videotape, electronic, and similar formats ("My Image"), so long as My Image relates to my participation in the Rowing Activity, whether in original or modified form. I waive any rights of privacy.
- VI. HEREBY RELEASE, discharge, and covenant not to sue LBJC, their administrators, directors, agents, officers, volunteers, contractors and employees, other participating organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Rowing Activity takes place, from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in

**Universal Release of Liability Waiver for Regattas**

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whole or in part by the negligence of LBJC or otherwise, including negligent rescue operations; I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of those previously named, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of those named on this form from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law.

VII. HEREBY ACKNOWLEDGE AND AGREE and by my signature below, or that of my parent or guardian, attest that I have received, read, fully understand and will abide by the any Rowing Activity-specific safety rules for participants.

VIII. HEREBY ACKNOWLEDGE AND AGREE that this Universal Waiver accounts for three races at Marine Stadium, hosted by LBJC on these specific dates:

1. PRESIDENTS DAY INVITATIONAL REGATTA
2. SOUTHERN CALIFORNIA LEAGUE CUP REGATTA
3. LONG BEACH JUNIOR INVITATIONAL REGATTA

I have read both pages of this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of these agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

**Should I represent a team or if I am a coach I understand that I am responsible for ensuring that all of my fellow teammates or athletes in accepted boats will sign this waiver and that no athlete will be allowed to row without a completed waiver.**

**Participant Information:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Participant: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_