

# LBJC



## LONG BEACH JUNIOR CREW WINTER BREAK CAMP 2021

WINTER CAMP HELD DECEMBER 27 – DECEMBER 31, MONDAY - FRIDAY

Rower's Name:		
Rower's Age (must be 12 -18 yrs of age):		
Birth Date:		
Parents(s) OR Guardian(s) Name:		
Street Address:		
City:	Zip:	
Home Phone:	Cell 1:	
Work Phone:	Cell 2:	
Rower's Phone:	Grade in Sept 2021:	
Parent's Email Address:	School:	
Rower's Email Address:		
<b>WINTER CAMP SCHEDULE</b>		
DATES	DAY	TIME
Dec 27 - Dec 31	Monday - Friday	9:00 am – 1:00 pm

Location: PETE ARCHER ROWING CENTER 5750 Boathouse Lane, Long Beach, 90803

**REGISTRATION FEE: \$350**

Mail registration and waiver form with your payment to: LBJC, 5318 East Second Street PMB 366, Long Beach, CA 90803 or drop off at the LBJC mailbox or Check in Table in front of the Boathouse, Monday to Friday 3pm to 6pm.

A check for the full amount for the session **MUST** accompany registration packet in order to hold a spot for the camper. There will be no pro-rating. Camp is available on a first come first served basis. Refunds will be available to individuals who cancel before December 17, 2021. No refunds after December 17, 2021

## Long Beach Junior Crew Authorization to Treat a Minor

(Please print):

Date: \_\_\_\_\_

Participant / Rower's name: \_\_\_\_\_

Telephone: \_\_\_\_\_ (home); \_\_\_\_\_ (work/cell)

### Emergency Medical Information

Rower's birth date: \_\_\_\_\_

Physician / HMO: \_\_\_\_\_ Physician Telephone: \_\_\_\_\_

Physician / HMO Address: \_\_\_\_\_

Medical History: Allergies: \_\_\_\_\_

Medications: \_\_\_\_\_

Known Medical Conditions/Comments: \_\_\_\_\_

### Insurance Information:

Insurance Carrier: \_\_\_\_\_ Policy / Group #: \_\_\_\_\_

Insured's Name: \_\_\_\_\_

Employer: \_\_\_\_\_ Telephone: \_\_\_\_\_

### Emergency Contact Information:

1) Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Relationship: \_\_\_\_\_

2) Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Relationship: \_\_\_\_\_

I am fully aware of and appreciate the risks & other damages and losses associated with participation in this rowing program.

I agree that (a) The Long Beach Junior Crew; (b) associated coaches, volunteers & parents, as a group or as individuals, assume no liability or financial obligation for any loss, accident or illness incurred by the above named participant in the course of his/her association with the program. The above named participant/rower is in good physical condition with no limitations: there are no known diseases or physical conditions that could result in the participant being harmed by this program. While I understand that hospital / physician / coaches will try to contact me, as the parent/guardian of the above named participant/rower, I authorize in my absence the emergency evaluation and treatment deemed necessary by the attending physician in the case of an accident or illness. The Participant is a competent swimmer and can tread water for ten minutes.

**LBJC Medical & Liability Release:** I (we) the undersigned parent(s) or legal guardian(s) of \_\_\_\_\_ (rower's name), a minor, do hereby authorize and consent to any x-ray, anesthetic, medical or surgical diagnosis rendered under the general or special supervision of any member of the medical staff and emergency room staff licensed under the provisions of the Medical Practice Act or a Dentist licensed under the provisions of the Dental Practice Act and of the staff of any acute general hospital holding a current license to operate a hospital from the State of California Department of Public Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power to render care which the aforementioned physician in the exercise of his/her best judgment may deem advisable. It is understood that the effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached. This authorization is given pursuant to the provisions of section 25.8 of the Civil Code of California. I understand that I am responsible for the costs of all medical treatment.

\_\_\_\_\_  
Signature of parent or legal guardian

\_\_\_\_\_  
Date

**Release of all Claims and Liability:** In consideration of the acceptance of my application for entry in the recreational activity described in the application form, I hereby waive, release & discharge any & all claims for damages, for death, for personal injury or property damage which I may have or which may hereinafter inure to me, my heirs, or my beneficiaries, as a result of my participation in said recreational activity. This release is intended to discharge, in advance, promoters, sponsors, officials, & any & all involved municipalities &/or municipality employees or other public entities and their employees (& their respective agents & employees), from & against any & all liability arising out of or connected in any way with my participation in said recreational activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. I further understand that serious accidents occasionally occur during the recreational activity in which I am going to participate; & that participants in this recreational activity occasionally sustain mortal or serious personal injury; &/or property damage, as a consequence thereof. Knowing the risks of the recreational activity that I am enrolling in, nevertheless, I hereby agree to assume those risks & to release & hold harmless all of the persons or entities mentioned above who (through negligence or carelessness), might otherwise be liable to me (or my heirs, beneficiaries or assigns) for damages. It is further understood & agreed that this waiver, release & assumption of risk, is to be binding on my heirs, beneficiaries & assigns. I agree to accept & abide by the rules & regulations that control & are in effect for participation in the recreational activity in which I am enrolling. Further, the property on which this recreational activity is to be conducted may not be in a safe condition. It is understood & agreed that by engaging & participating in the recreational activity, I am hereby waiving any & all right to claim any damages or injuries which may occur to me as a result of unsafe condition of the property. I further understand & acknowledge that I am fully, & willingly giving up any claim against or right to sue, the Long Beach Junior Crew, or its employees, agents or assignees for any injury that I may suffer, its' employees, agents or representatives or by the dangerous conditions of any property on which the recreational activity is being conducted. I am fully aware that participating in the recreational activity in which I am enrolling is a dangerous activity and I voluntarily participate in said activity with the knowledge of the danger involved & hereby agree to accept any and all risk or injury. I have fully read this form & fully understand the contents thereof, & hereby freely & willingly apply my signature below as my agreement to this release of liability.

\_\_\_\_\_  
Participant/Rower Signature, Print Name & Date

\_\_\_\_\_  
Parent/Legal Guardian Signature, Print Name & Date



# USRowing Release of Liability

ACCEPTANCE OF THIS WAIVER IS REQUIRED FOR ACCEPTANCE OF MEMBERSHIP IN CONSIDERATION of being given the opportunity to participate in any USRowing activity, including scheduled, supervised club activities, and registered regattas, during the policy term 03/09/2021 - 01/15/2022. I, for myself, my personal representatives, assigns, heirs, and next of kin.

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and landbased, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasee named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of USRowing and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law.

5. AGREE to be familiar with, comply with, and be bound by the Rules and Regulations of USRowing, including but not limited to the USRowing Rules of Rowing (www.usrowing.org), the World Anti-Doping Code (www.usada.org), and the codes, rules, policies and procedures of the U.S. Center for SafeSport (the "SafeSport Rules," www.SafeSport.org), including with respect to the exclusive authority and jurisdiction of the U.S. Center for SafeSport to investigate and resolve reported sexual misconduct and the discretionary authority to investigate and resolve reports of other misconduct. I further agree that arbitration pursuant to the binding arbitration provisions of the SafeSport Rules shall be the exclusive method to resolve any dispute over any disciplinary action taken by USRowing as a result of a USCSS investigation (the "Arbitration Procedure"). I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

6. IN CONSIDERATION of being permitted to compete, officiate, observe, work, or participate in any way in the EVENT(S), I for myself, my personal representatives, heirs, and next of kin:

1. Affirm that I have not been diagnosed with, demonstrated any symptoms of or have in any way been exposed to any communicable diseases (including but not limited to the virus commonly referred to as COVID-19) within the last 14 days, or that I have complied with all local, state and federal guidelines and regulations as related to communicable diseases;
2. Acknowledge that I am aware that by entering the premises and

participating in rowing-related and sponsored activities that there are risks to me and to those with whom I interact of exposure, directly or indirectly, to communicable disease(s) including but not limited to the virus "severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)", "COVID-19" and/or any mutation or variation thereof;

3. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, all for the purposes herein referred to as "Releasees", from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any and all loss or damage, and any claim or demands therefor, whether caused by the negligence of the Releasees or otherwise;
4. HEREBY agree to INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage, or cost they may incur arising out of or related to my illness or death, whether caused by the negligence of the Releasees or otherwise

I HAVE READ THIS COMMUNICABLE DISEASE RELATED HOLD HARMLESS, RELEASE, WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT, UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

Printed Name of Participant: \_\_\_\_\_

USRowing # \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_

Participant's Signature: \_\_\_\_\_

Organization: \_\_\_\_\_

### PARENTAL CONSENT (If participant is under the age of 18)

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Printed Name of Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature (only if participant is under the age of 18): \_\_\_\_\_

This is THE USRowing Release of Liability, which should be copied for your use.



## Photographic Model Release

Long Beach Junior Crew a California non-profit public benefit corporation located in Long Beach, CA is hereinafter referred to as LBJC.

Photographic images taken of LBJC rowers participating in any LBJC related activities are hereinafter referred to as the Images.

Any individual affiliated with LBJC or the rowers taking images are hereinafter referred to as the photographer.

I hereby give LBJC and the photographer and their assigns my permission to license the Images and to use the images in any media for any purpose (except pornographic, defamatory, libelous or otherwise unlawful) which may include, among others, sale, advertising, promotion, marketing and packaging for any product or service. I agree that the images may be combined with other images, text and graphics, and cropped, altered or modified.

I agree that I have no rights to the images and all rights to the images belong to LBJC and the photographer and assigns. I acknowledge and agree that I have no further right to additional consideration or accounting, and that I will make no further claim for any reason to LBJC, photographer and/or assigns. I acknowledge and agree that this release is binding upon my heirs and assigns. I agree that this release is irrevocable, worldwide and perpetual and will be governed by the laws of California.

I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the photograph.

I have read this release and before signing below, and I fully understand the contents, meaning and impact of this release. I understand that I am free to address any specific questions regarding this release by submitting those questions in writing prior to signing, and I agree that my failure to do so will be interpreted as a free and knowledgeable acceptance of the terms of this release.

I am 18 years of age or older and I am competent to contract in my own name.

LBJC rower name: \_\_\_\_\_

LBJC rower signature: \_\_\_\_\_

I am the parent of legal guardian of the LBJC rower named above who is a minor and I sign on their behalf agreeing to the terms of this release.

Name of parent or legal guardian: \_\_\_\_\_

Signature of parent or legal guardian: \_\_\_\_\_

# Universal Release of Liability Waiver for Regattas

Page 1 of 2

IN CONSIDERATION of being given the opportunity to participate in any rowing activity, including, but not limited to, scheduled, supervised club activities, and affiliated regattas, until the end of this calendar year, I, for myself, my personal representatives, assigns, heirs, and next of kin:

- I. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based ("Rowing Activities"), and that I am qualified, in good health, and in proper physical condition to participate in such Rowing Activities.
- II. FULLY UNDERSTAND that:
  - a. ROWING ACTIVITIES INVOLVES RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks");
  - b. These Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Rowing Activity, the condition in which the Rowing Activity takes place, or the negligence of Long Beach Junior Crew (LBJC) and those listed below;
  - c. There may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Rowing Activity.
- III. AGREE AND WARRANT THAT:
  - a. I will examine and inspect each Rowing Activity in which I take part and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Rowing Activity and will refuse to take part in the Rowing activity until the condition has been corrected to my satisfaction;
  - b. I, and I alone, am responsible for my personal health and safety and the personal property that I bring with me. I am solely responsible for my medical expenses and decisions with respect to my care. I give my consent in the event of injury to any emergency medical aid, anesthesia or operation deemed necessary by the attending physician.
- IV. HEREBY GRANT my specific permission to LBJC, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, agents, and assigns to make and/ or obtain photographic images of me on the day of the Regatta and to publish, copyright, distribute and/or display photographic images taken of me on the day of the Regatta. I further waive the right to inspect and/or examine all photographs and/or written text to which the images may be applied before use. I also waive any and all rights and claims, including future rights and claims to such photographic images and any interest therein. I hereby release and discharge LBJC, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, patrons, agents, licensees, affiliates and assigns from any and all liability by virtue of distortion, blurring, alteration, optical illusion, digital scanning and manipulation, and/or use in composite form, whether the same is intentional, or otherwise. I understand that LBJC, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, agents, and assigns may use any process or procedure resulting in the completion of the finished product for publication, display, copyright or distribution.
- V. HEREBY GRANT my specific permission to LBJC, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, agents, licensees, affiliates and assigns a fully paid-up, non-exclusive, worldwide right and license to use, display or otherwise exploit my name, nickname, voice, photograph, statements, biographical information, and likeness, as well as images of me in motion picture, videotape, electronic, and similar formats ("My Image"), so long as My Image relates to my participation in the Rowing Activity, whether in original or modified form. I waive any rights of privacy.
- VI. HEREBY RELEASE, discharge, and covenant not to sue LBJC, their administrators, directors, agents, officers, volunteers, contractors and employees, other participating organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Rowing Activity takes place, from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of LBJC or otherwise, including negligent rescue operations; I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of those previously named, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of those named on this form from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law.
- VII. HEREBY ACKNOWLEDGE AND AGREE and by my signature below, or that of my parent or guardian, attest that I have received, read, fully understand and will abide by the any Rowing Activity-specific safety rules for participants.
- VIII. HEREBY ACKNOWLEDGE AND AGREE that this Universal Waiver accounts for three races at Marine Stadium, hosted by LBJC.
  1. PRESIDENTS DAY INVITATIONAL REGATTA
  2. SOUTHERN CALIFORNIA LEAGUE CUP REGATTA
  3. LONG BEACH JUNIOR INVITATIONAL REGATTA

# Universal Release of Liability Waiver for Regattas

Page 2 of 2

I have read both pages of this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of these agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

**Should I represent a team or if I am a coach I understand that I am responsible for ensuring that all of my fellow teammates or athletes in accepted boats will sign this waiver and that no athlete will be allowed to row without a completed waiver.**

## Participant Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Participant: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

Long Beach Junior Crew  
COVID-19 Informed Consent  
Outdoor Youth Sports Participation and Check-In

The following protocols have been established in fulfillment of the requirements of the Long Beach Health and Human Services Protocol for Youth and Adult Recreational Sports: Appendix W, effective March 12, 2021 and the requirements of the California Department of Public Health (CDPH) guidance memo Outdoor and Indoor Youth and Recreational Adult Sports dated February 19, 2021 and updated on March 4, 2021.

SUMMARY

The CDPH guidance memo (“memo”) identified above states that COVID-19 continues to pose a severe risk to communities and requires all people in California to follow recommended precautions. The memo has categorized rowing in team boats (2-, 2x, 4+, 4-, 4x, 4x+, 8+, and 8x+) as an outdoor high-contact sport which had previously been prohibited. The memo also states that outdoor high-contact sports can resume when the adjusted case rate for the county is equal to or less than 14 per 100,000 and that weekly antigen and PCR testing of athletes and coaches of outdoor high-contact sports is not required when the adjusted case rate for the county is below 7 per 100,000. As of March 9, 2021 the Los Angeles County Department of Health reported that the county’s adjusted case rate is 5.2 per 100,000.

**LBJC will resume practice in team boats starting Monday March 15, 2021. Testing of athletes and coaches is not required.**

The following athlete participation protocols are in effect.

LBJC PARTICIPATION PROTOCOLS

1. Parent(s)/guardian(s) dropping off an athlete shall minimize direct contact with the coaching staff as well as with the parent(s)/guardian(s) of other households.
2. Upon dropping off their athlete for check-in, the parent(s)/guardian(s) shall park and wait in their car until their athlete has successfully completed check-in screening. Upon successful check-in screening, the athlete will inform the parent(s)/guardian(s).
3. Food is not permitted to be brought to practice.
4. Athletes shall bring their own water bottle(s). Water bottles, including disposable bottles, shall be marked with the camper’s name. The coaching staff will discard unnamed containers. Athletes shall not share water bottles.
5. Athletes shall bring their own cloth face mask and wear it during group activities except when participating in rigorous activities that may compromise breathing.
  - a. Athletes shall bring a zip lock bag or equivalent with their name on it to store their face mask when it is not in use.
6. Athletes shall bring a zip lock bag or equivalent with their name on it to store their phone.
7. Athletes will be screened upon arrival using a no-touch thermometer. Those with a temperature of 100.4 or higher will be sent home. Athletes will be asked about any COVID-19 symptoms within the last 24 hours and if anyone in their home has had COVID-19 symptoms, a positive test result, or if they recently had close contact with a person with COVID-19. Athletes will be sent home if they appear to show symptoms or have been in close contact with a person with COVID-19.
8. Athletes who test positive or are clinically diagnosed with COVID-19 disease must isolate as follows.
  - a. For 10 days after symptoms first appeared (or 10 days after specimen collection for their first positive test, AND at least 24 hours have passed with no fever (without use of fever-reducing medication), AND other symptoms have improved.

Long Beach Junior Crew  
COVID-19 Informed Consent  
Outdoor Youth Sports Participation and Check-In

- b. Athletes who test positive for SARS-CoV-2 but never develop symptoms, may return to practice 10 days after the date of specimen collection for their first positive test for SARS-CoV-2
  - c. Individuals identified as close contacts (within 6 feet for at least 15 minutes) must follow state and local public health directives or orders for quarantine regardless of the frequency of testing for those in the cohort or footprint. Close contacts must quarantine for 14 days after last exposure.
9. Parent(s)/guardian(s) shall notify LBJC immediately by email at [kkmom4321@aol.com](mailto:kkmom4321@aol.com) if their athlete has been found positive for COVID-19.
10. The boathouse locker rooms, showers, and kitchen are closed until further notice.
- a. The rest rooms remain open.
11. No athlete is permitted in the erg room without their coach's approval.
12. On land, athletes may not congregate and shall maintain six (6) ft distance from each other except when momentarily necessary.
13. Athlete participation will not be considered until all pages have been completed and received.
14. The Long Beach Health Department reserves the right to close the program and/or facility at any time as it deems necessary. Parent(s)/guardian(s) shall be prepared to pick up their athlete on short notice.

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Signature of Parent/Guardian

Date

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Print Name of Parent/Guardian

Name of Athlete(s)



Informed Consent  
Assumption of the Risk and Waiver of Liability  
Relating to Coronavirus/COVID-19

**LBJC will resume practice in team boats starting Monday March 15, 2021. Testing of athletes and coaches is not required.**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact or contact with COVID-19 contaminated surfaces. As a result, federal, state, and local governments and federal and state health agencies recommended social distancing and have, in many locations, prohibited the congregation of groups of people. As the City of Long Beach relaxes restrictions brought on by the COVID-19 pandemic, Long Beach Junior Crew (LBJC) is working with the Long Beach Rowing Association (LBRA) and other boathouse users, (collectively referred to hereafter as The Clubs), to develop COVID-19 protocols to resume limited operation. The Clubs have put in place preventative measures to reduce the spread of COVID-19; however, The Clubs cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending The Clubs' events could increase your risk and your child(ren)'s risk of contracting COVID-19. By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending The Clubs' events and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at The Clubs' events may result from the actions, omissions, or negligence of myself and others, including, but not limited to, The Clubs' employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren), myself, or family (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I, my family or my child(ren) may experience or incur in connection with my child(ren)'s attendance at The Clubs' events or participation in The Clubs' programming ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless The Clubs and the City of Long Beach, their employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of The Clubs and the City of Long Beach, their employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any of The Clubs' programs.

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Signature of Parent/Guardian

Date

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Print Name of Parent/Guardian

Name of Athlete(s)